

## **Junior & Cadets Canada**

https://jc-canada.com

info@jc-canada.com

## Protect eyesight, start from table tennis 🦰

Table Tennis Relay "One": Bounces Of A Table Tennis Ball in 10' (Double)

Successfully Passed: 10 shots

Game method: Number of people: one pair of two men and women, one adult, one Kids

Age: Cadets -Up to 12 years old

Adults-22 years old or older (born in 1999 or Before )

Each person holds their own racket

\* Cadets start to pad the table tennis first. When the ball reaches the third time, the adult will relay the ball. When the adult reaches the  $6^{\text{th}}$  ball shot, the Cadets/Juniors will relay the ball again And so on.

\*Time: 10 seconds'-the time starts when the first ball is hit

\*Racquet: The racket must meet the requirements of the official table tennis competition, and the illegal ball table tennis racket or other ball rackets are not allowed.

\*Ping Pong: The ball must meet the requirements of the international table tennis regular competition. Illegal table tennis or other balls are not allowed.

\*Wrong hitting method: if the table tennis hits other parts than the racket, it is considered invalid. For example: fingers,

wrists, etc.

Our slogan is: "Aspire Today, Inspire Tomorrow"

Top three prizes: \( \biggreg{Y}\) Champion award certificate

Runner Up: award certificate

Third Place : award certificate

Event start date: 2021-04-20 08:00:00 Event dead-line: 2020-07-01 22:00:00 https://jc-canada.com