

Junior & Cadets Canada

https://jc-canada.com

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2021 -2022 JC Canada Table Tennis Workshop

Online Workshop

Date: 2021-04- 06/ 2021-07-05

Workshop Location: Zoom/ YouTube

Date & Time: Every Friday 8Pm - 9Pm (Toronto Time)

Total Quantity:12 Workshops

Number of Participants: up to 500

Offline Workshop

Date: 2021-07- 06/ 2022-04-05

Workshop Location: Table Tennis Club in Ontario (TBD) and Zoom / YouTube

Date & Time: Every Saturday 10am - 11am (Toronto Time)

Total Quantity:36 Workshops

Number of Participants each workshop : 6 Participants at venue and up to 500 Participants at zoom / YouTube

Workshop are held once a week, the lecture will assign homework which is Table Tennis physical training after class. the Homework will be 30 minutes per day. Participants are need to do physical training 30minutes *7 = 210 minutes a week

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